

DELEGATES' WELCOME BOOKLET

13th Regional Selection Conference
of EYP CZ Plzeň 2023

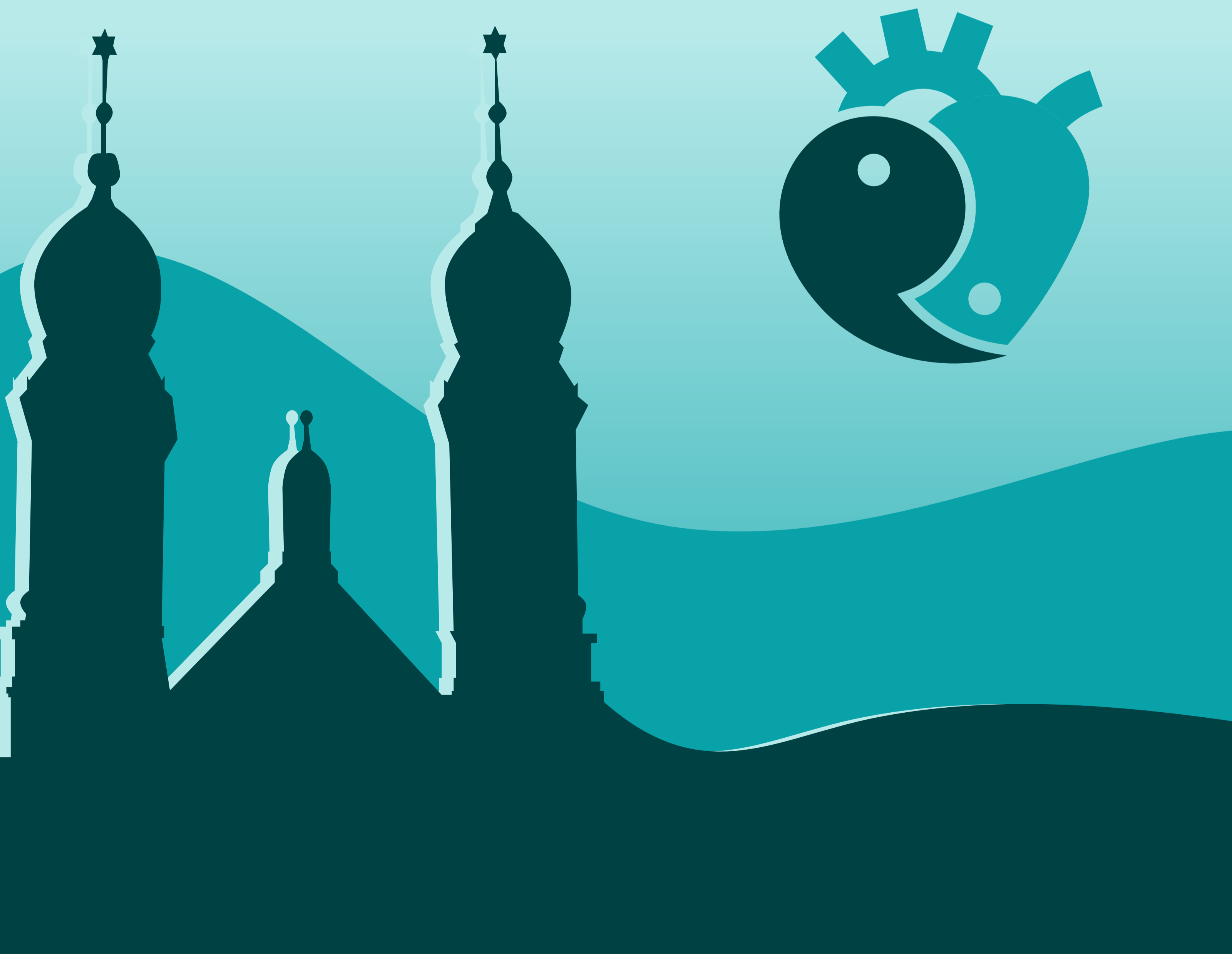






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WORDS OF WELCOME

Head Organisers

Dearest Delegates,

We are pleased to welcome you to the 13. Regional Selection Conference of EYP CZ Plzeň 2023. We are Adam Kindl and Karel Hynek, and we are the head organisers of this event and cannot wait to meet you all there after almost a year of its preparation!

We chose Plzeň as our hosting city not only because of its beauty and culture but also for its excellent accessibility by almost all means of transport. Our session's theme: "Seeking inspiration in the heart of Europe" resonates perfectly with the city's unique atmosphere and rich history. Because of this, the main focus of our session will be humanitarian topics, such as human and civil rights, sustainable development or environment.

We would like to encourage all of you, the Delegates, to step out of your comfort zone and develop yourself. EYP is the perfect opportunity for that and much more, as you will soon find out. With the right amount of motivation, single-mindedness and hunger for knowledge you will fall in love with EYP, just as we did, and soon join our ranks as Officials at events all around Europe.

Thank you all so much for being a part of the session and bringing this crazy project from our dreams into reality. We cannot wait to see you in Plzeň in person, and afterwards somewhere else in Europe!



Adam Kindl (CZ) and Karel Hynek (CZ)

Head Organisers of the 13th Regional Selection Conference of EYP CZ Plzeň 2023

WORDS OF WELCOME

President of EYP CZ

Dearest Delegates,

On behalf of the Board of the European Youth Parliament CZ, it is my genuine pleasure to welcome you to **the 13th Regional Selection Conference of EYP CZ Plzeň 2023!**

As this is your first time encountering EYP CZ, let me say a few words about our organisation and what we strive to bring to you. In EYP CZ, our priority is to create a safe, welcoming and stimulating space where young people can not only develop themselves, but also the world they live in.



We create a platform for open-minded, tolerant and idea-inducing discussion. We provide students with the opportunity to participate in intercultural dialogue and motivate them to become active citizens who are not indifferent to how the world around them is developing. All of our events are organised by young people for young people - every day, tens of volunteers work hard in their free time to bring our projects to life and to create these opportunities that they have once experienced for you.

When you first encounter the surface of EYP, you are given the impression that our main added value is the possibility to travel to conferences, learn the English language and meet new people. But believe me, the true long-term impact of EYP is much deeper. We are a tightly-knit international community of young active people who support each other in our individual learning paths. But most importantly, EYP creates deep and long-term friendships that cross international borders – as long as you allow it to. So, embrace the opportunities, face the challenges and simply allow EYP do its magic.

My fellow Board Members and I, as well as the wonderful Head Organisers Adam and Karel, have been working hard for the past 11 months to bring this event to life and to ensure it upholds our standard quality of academic integrity, richness of the program, diversity and inclusivity. We sincerely hope that the event symbolises a memorable experience for all of you and that it not only motivates you to be active in our future projects, but to also be an active citizen overall.

Dear Delegates, I wish you all a memorable and inspiring event and I look forward to meeting you all soon.

Yours faithfully,



Michaela Nguyenová (CZ)
President of EYP CZ



WORDS OF WELCOME

Session President

Dear Delegates,

It is my utmost pleasure to welcome you all to Plzeň 2023 - 13th Regional Selection Conference of EYP CZ this November! My name is Markel Kerejeta, and I have the honour to be the President of the session!

Plzeň is a beautiful city, full of history and culture, but also full of life and endless possibilities for the youth, which is why I cannot think of a better city to host this event. Under the theme 'Seeking inspiration in the heart of Europe', several topics that cover current issues such as culture, employment, and human rights, among many others, will be discussed, aiming to inspire young Europeans from the not-only geographical centre of the continent.

Delegates, welcome to EYP! During Plzeň, you will experience new things, discuss topics you usually do not discuss, and meet many people from all over the Czech Republic (and Europe!). Surprisingly, at the same time, you will be able to see sides of yourself that were always there that you had not been able to see before. It is easy to say it from my position, but do not be scared! You already took the step to attend the conference, and I am now asking you to not be scared to open up, learn new things, and make mistakes! EYP is the perfect platform to not be perfect, and I hope that Plzeň 2023, as your first ever EYP event, changes your life the same way my first ever EYP event did years ago!



I am eager to meet everyone and seek inspiration from each and every one of you in Plzeň, the heart of Europe!

All the best,

Markel Kerejeta (ES)

President of the 13th Regional Selection Conference of EYP CZ Plzeň 2023



WORDS OF WELCOME

Session Editor

Dear Delegates,

I'm thrilled to be the Editor for this EYP session! Our journey together promises creativity, professionalism, and a lot of fun. I eagerly welcome each one of you to contribute your unique spark to our Media Team. Let's craft exceptional stories, learn, and grow while having an unforgettable time. Get ready for an amazing session filled with creativity and camaraderie!

Best,

Egzon Musliu (XK)

Editor of the 13th Regional Selection Conference of EYP CZ Plzeň 2023





WORDS OF WELCOME

Head of Jury

Dear participants,

It is my utmost pleasure to welcome you to the 13th Regional Selection Conference of EYP CZ Plzeň 2023. My name is Kuba and I am the Head of Jury at this session. As the theme of the session revolves around inspiration, I hope that every participant finds what drives them and is able to get inspired to become the best version of themselves, be it even only for a few days of the session. Even though EYP may sometimes feel like an overwhelming experience, I wish that you take away amazing memories and take those on your further EYP journey.

Although the Jury is often perceived as a daunting presence not only for the Delegates, one of our goals for Plzeň is to change this view and hopefully bring our team closer to everyone. Additionally, we would like to take the attention away from the selection process, because we believe that it does not matter if you are selected, if you enjoy EYP and you want to participate, you will find a way regardless.

To conclude the welcoming round, I am looking forward to seeing your lovely faces and hopefully contributing to the amazing experience that Plzeň is almost certainly going to be.

Yours sincerely,



Kuba Rech (CZ/SI)

Head of Jury of the 13th Regional Selection Conference of EYP CZ Plzeň 2023





ABOUT EYP CZ

The **European Youth Parliament (EYP)** is a **student non-profit, politically neutral organisation**, providing one of the largest platforms for non-curricular education in Europe. It gives its participants a forum to **develop and express** their opinions on a wide range of topics. By bringing **young people** from different backgrounds **together**, it builds intercultural understanding and friendships across borders. **Thousands** of young people from all over Europe are actively involved in the organisation, making it truly youth-driven – **for young people, by young people**.

European Youth Parliament CZ, the Czech branch of the network, was founded in 1998. Our National Committee organises two **Regional Selection Conferences and one National Selection Conference** per year, however, besides those it offers many **other** educational **events** and informal gatherings for its members.

SESSION MOTTO AND LOGO

‘Seeking inspiration in the heart of Europe’

The motto of our Conference is **‘Seeking inspiration in the heart of Europe’**. In light of the pervasive disinformation prevailing in the global landscape, the future of Europe remains uncertain. The objective of this session is to illuminate the prevailing **humanitarian and cultural concerns** that have **a direct impact on all of us**. With the overarching theme of the session being centred on this objective, it is our conviction that the attendees will acquire the necessary skills to furnish precise and dependable information on these matters, **dispel any prevalent misunderstandings, and foster proactive civic involvement**. We firmly believe that it is incumbent upon the younger generation to assume leadership and ensure that their voices are acknowledged and valued.

As the session centres its attention on matters of social affairs and culture, the primary element of our logo takes the form of a **human heart**. Within this heart, we find a dichotomy between dark and light halves, reminiscent of **the yin and yang symbol, representing balance**. Intricately woven into the design is a quotation mark, serving as a representation of the imperative dialogue required to discover common ground and, ultimately, progress. This quotation mark also takes on the shape of **the letter "P," paying tribute to the hosting city of Plzeň**.

PLZEŇ

With almost 180 000 inhabitants, the **4th largest city** in the Czech Republic was chosen as the **host city of the 13th Regional Selection Conference of EYP CZ Plzeň 2023**. Founded in 1295 by the Czech king Wenceslas II, the city lies at a **very magical place** – on the confluence of four rivers Úhlava, Úslava, Radbuza and Mže. Besides the **remarkable history and rich-life present**, Plzeň is **world renowned** due to its local enterprises such as legendary **Pilsner Urquell** or **Škoda works**.



TRAVEL GUIDE

Getting to Plzeň...

Please make sure to arrive at the Accommodation venue **from 9:30 AM to 11:30 AM CET on Friday 10th of November 2023.**

From Prague...

...where you got by plane.

The quickest and cheapest way to get to Plzeň for you is with Flixbus, **from Praha - Zličín Bus Station**. You can get to Plzeň by train as well, but it takes more time, may be more expensive and requires more transfers so we would advise against this.

The bus connection can be **bought online on the Flixbus [website](#).**

The ride takes about an hour and the ticket can be bought for as less as 4 EUR with enough notice.



To get to Praha - Zličín Bus Station, you will need to take either the **bus number 100**, which arrives **every 15 minutes** or so, to both Terminal 1 and Terminal 2, or an Uber/Taxi. However, we generally advise against this option as it is not only about ten times more expensive than the 30-minute public transport but also being considered non-sustainable, which partially goes against the goals of this session. If you decide on the first option, you should **buy the 30-minute ticket** for 30 CZK. For more on Prague's public transport, check out the "Getting around Praha" section on our session website.

...where you got by train.

You got lucky with being on a train so much! We envy you. You must have probably arrived at Prague's main train station, (Praha hlavní nádraží, Praha hl. n.) or Praha - Smíchov, if so, take one of these trains to get to Plzeň:

- **R 77_ Berounka**
- Praha hl.n. - Klatovy
- **EC 36_ Západní expres**
- Praha hl.n. - München Hbf
- **IC 56_ Západní expres**
- Praha hl.n. - Cheb
- **IC 51_ Pendolino**
- Bohumín - Františkovy Lázně

(Notice the blank spaces. They are stand-ins for numbers which change depending on the time of departure.)



If you did **not** arrive at Prague main station or Praha - Smíchov, take any train that will get you to one of these stations. You can find which train to take on this [website](#).

For trains within the city boundary, standard public transport fees apply. For more about fares, consult the “[Getting around Praha](#)” chapter on our session website.

ěTo buy a ticket for any train outside the city boundary, you can either visit the České Dráhy [website](#) or find the kiosk located at every train station. (In Prague's main station, for example, it is under the main waiting area with the red ceiling.)



...where you got by bus.

If you ended up in Prague by bus, there is most probably only a single place where you could have gotten off, that being [Praha Florenc](#). In the unlikely case that you are getting off your bus at any other bus stop, please consult [Google Maps](#), [IDOS](#), or reach out to our Travel Support Organiser Isabella. Consult the “[Getting around Praha](#)” chapter for fares on our session website.

From Munich...

Getting from Munich to Plzeň is a bit more complicated than from Prague, but it is still easier than from most other cities with international connections. When coming to Plzeň from Munich, you want to arrive by train, since the bus connections are practically non-existent. Specifically, with the “**EC 36_ Západní expres (München Hbf - Praha hl.n.)**” It takes around **4 hours** to get to Plzeň but does not involve you having to transfer to 3 different connections, unlike some other options. Tickets for the ride can once more be bought on the [České Dráhy website](#). If you consider yourself to be a [rich man](#), you can spring for the Deutsche Bahn ticket through their [website](#), which will cost you more than double the price. (So do NOT use that one!)

...where you got by plane.

If you get to München-Flughafen by plane, you need to get to the München-Hauptbahnhof in order to catch the connection mentioned above. You can get there either by **S-Bahn line number 1 or number 8**. The journey will take approximately **45 minutes**.

As for tickets, you should buy the “**Single Adult Ticket**” for **13 EUR**. Tickets can be **purchased at ticket machines** at U-Bahn and S-Bahn stops, as well as **online and via the MVV or MVG app**. In addition to the ticket vending machines, tickets are sold at service points, customer service centres, info points and a large number of private points of sale (e.g., kiosks and stationery stores, same as in Prague).

Please remember to **validate your ticket** before starting your journey.

Same as with Prague, we advise against using an **Uber or a Taxi** to get to the train station, as one trip can cost you around **70 EUR**. *Yikes!*



...where you got by train.

If you got to München by train you would have probably ended up on München Hbf (Hauptbahnhof) and you need to be there in order to catch the connection mentioned above, therefore **no transportation across the city is needed**. You got lucky!

...where you got by bus.

If you got to München by bus, you most probably ended up in München Hackerbrücke. You should not worry about getting a public transport ticket, since the Bus station is just around the corner from the train station. Simply take the **5-minute walk** and you will be there in no time!

VENUES

- **Accommodation:** Domov Mládeže VOŠ a SPŠE Plzeň
These dormitories for high school students, with a capacity of 700 people, are one of the largest facilities of its kind in the Czech Republic.
- **Teambuilding + Committee work + General Assembly:** SPŠE Plzeň
A respectable, high-esteemed school which provides some of the best education within its field in the region.
- **Opening ceremony:** Západočeská univerzita
Well-known for its Faculty of the Applied Sciences, the University of the West Bohemia is one of the most prestigious universities in the Czech Republic.



EVENTS

Team building (TB)

One of the core elements of the session is the defining element which separates EYP and diplomatic simulations. During Teambuilding, you will get to know officials and your fellow Committee members by doing a range of fun activities.

Dress code: Casual

Opening Ceremony (OC)

The Opening Ceremony marks the beginning of the session, during which you will be able to listen to inspiring speeches by the distinguished guests and the session's Leadership. Once the ceremony is finished, the session is officially declared open.

Dress code: Formal

Panel Debate

During the Panel Debate, invited experts will talk about the Panel Debate's topic and offer the Delegates a space for asking questions.

Dress code: Smart Casual

Eurovillage

A place for each participant to prepare some food, beverages and costumes typical for their allocated country, which will replace dinner on the first day of the session. It offers an amazing chance for you to mingle and get to know each other, as well as to understand other cultures. What better way to do that than via food?

Dress code: Formal

Farewell Party

On the last night of the Conference, we are going to reward ourselves after two tough days with a well-deserved Farewell Party. The main theme of the Farewell Party is going to be the **Throwback to the Czechoslovak 80s disco**. See more information in the Dress code section!

Dress code: Party Outfit

Committee Work (CW)

During Committee Work, you will discuss your topic, brainstorm ideas, find solutions to the issue at hand and most importantly work as a team to compose a motion for a resolution.

Dress code: Smart Casual

General Assembly (GA)

The grand finale of the session is where all Committees will gather to discuss and one-by-one present and defend their resolutions. At the end, there is a voting procedure to decide whether a resolution is to be passed or not.

Dress code: Formal



Closing Ceremony (CC)

Every magical and remarkable story needs a proper ending. A heartfelt goodbye right after the General Assembly, declaring the official end of the session with various speeches, is a farewell tradition.

Dress code: Formal

DRESS CODE

Casual

Clothes for your teambuilding activities. Wear your regular clothes in which you can move around and feel the most **comfortable**! Such clothing may include a T-shirt, jeans, dark trousers, or a hoodie.

Events: Teambuilding (for delegates)

Smart Casual

In other words, clothes you will wear during **Committee Work**. Your outfit should make you look **sharp** while being **comfortable** for you to wear for an extended time. Note that you will wear such clothes for most of the session.

Events: Committee work, Panel Debate

Formal

This is all about **elegance and professionalism**! You will be asked to dress up formally, mainly for ceremonial events of the session. A suit, tie, bow tie, dress, or skirt is the way to go here!

Events: Opening Ceremony, Eurovillage, General Assembly, Closing Ceremony

Party Outfit

Have you seen the movie [Discopříběh](#)? Or have you seen your parents' old photos? Because we are taking a trip back to the **Czechoslovak 80s disco era**!

Don't be afraid to experiment and visit a thrift shop to find some **outrageously embarrassing** stuff. That is exactly what you are looking for! For **inspiration**, you can check out a [photo gallery of "Discopříběh"](#) (in English, "Discostory") or even watch the film, which was shot in Plzeň.

The **retro clothes** are a must! Long trousers or sweatpants, t-shirt, wind jacket, sunglasses, nothing shall be awkward here! – We are in the 80s after all...

Events: Farewell Party



SESSION PROGRAMME

Friday, November 10, 2023

- 09:30 – 12:30 Arrivals + Check-in
- 13:00 – 13:45 General teambuilding
- 14:00 – 18:00 Committee teambuilding
- 19:00 – 20:00 Opening ceremony
- 20:00 – 21:30 Eurovillage

Saturday, November 11, 2023

- 08:00 – 08:45 Breakfast
- 09:00 – 12:00 Committee work
- 12:15 – 13:15 Lunch
- 13:30 – 18:00 Committee work
- 18:10 – 18:45 Dinner
- 19:00 – 20:20 Panel Debate
- 21:00 – 00:00 Farewell Party

Sunday, November 12, 2023

- 07:00 – 07:50 Breakfast
- 08:00 – 12:45 General Assembly
- 12:45 – 13:45 Lunch
- 15:30 – 17:15 General Assembly
- 17:15 – 18:45 Closing ceremony



ACADEMIC TOPICS

AFCO

Rule of which law? Separation of powers is one of the fundamental pillars of Western democracy. However, interference of the political power in the judiciary system is common in EU Member States like Hungary, Poland or Spain. Keeping this in mind, how should the EU act in order to ensure the rule of law in all its Member States?

AFET

Security risk, humanitarian crisis, or potential for change? For the past decade, Member States such as France and Germany have been present militarily in the Sahel region, emphasising the security and migration risks the regional instability may have for Europe. Keeping in mind Europe's imperialistic history in the region, how can Member States efficiently provide humanitarian aid to the Sahel countries and support the building of strong civic societies in the region?

CULT

No history, no future: Since the fall of authoritarian regimes in Europe, many historical monuments and sites reminiscing about those past periods have been destroyed. How can the EU protect the cultural and historical heritage of its Member States while ensuring there are no steps back in democracy?

EMPL

9 to 5, what a way to make a living, all taking and no giving: Psychosocial risks in the workplace, such as high workload or long working hours, have profound negative impacts on workers, employers, and the economy. How should the EU enhance its legal framework? to explicitly address and regulate psychosocial risks and mental health issues in the workplace, promoting worker well-being and overall occupational safety and health?

ENVI I

Navigating Europe's Highs: The European Drug Report 2023, shows alarming data on illicit drug use, addiction rates, and availability of substances among Europeans. With 6 out of 166 overdose deaths involving illicit drugs, what steps should the EU take to prevent the widespread "epidemic" of drug abuse?

ENVI II

Marry The Night: Approximately one-third of the world's population lives in an area where the Milky Way is no longer visible at night due to artificial light. Keeping in mind its negative effects on wildlife, ecosystems, and citizens' health, as well as the potential benefits associated with increased energy efficiency, what steps can the EU take to reduce light pollution?

ITRE

Nuclear. It's pronounced nuclear. Nuclear energy has been labelled as "green" by the EU Green Deal. Being mindful of its key role in the green transition, as well as of its risks and long-lasting negative consequences, how should it be regulated within the EU?



LIBE I

Doxx the messenger: In 2021, 9 out of 10 fact-checking outlets in Europe were targeted with online harassment and smear campaigns, including stalking and doxxing. What steps should the EU take to enhance media freedoms and protect journalists, media workers and their families from these intrusive and abusive practices?

LIBE II

Marriage for everyone and everywhere: While the Charter of Fundamental Rights prohibits discrimination on any grounds, the EU must balance LGBTQIA+ rights with varying Member States' perspectives. As more children grow up with same-sex parents, how can the EU ensure mutual recognition of family relations, especially for same-sex parents, across Member States to uphold their rights and protect their children legally?



EVENT SAFETY

To make sure the 13th Regional Selection Conference of EYP CZ Plzeň 2023 is a **respectful, welcoming** environment for all, there will be an **Event Safe Person** present during the session – this role will be fulfilled by **Dany Pomyjová** and **Katrusia Korpalo**.

If you at any time feel uncomfortable, or concerned, or you witness or experience inappropriate behaviour, **do not hesitate to reach out** to the Safe Persons at any time during the session. You can contact either Daniela, via her email (pomyjova@eyp.cz) or mobile (+420 608 372 023), or Katrusia, via her email (kateryna.korpalo@ukma.edu.ua) or mobile (+380 994 200 134).

ALCOHOL POLICY

All participants **under the age of 18 are prohibited** by the law of the Czech Republic from drinking alcohol. All **adult participants** are allowed to consume alcohol with **up to 15 % alcohol volume**.

SMOKING/VAPING POLICY

Smoking/Vaping is **prohibited for all underaged participants** during the session. Additionally, smoking is also **prohibited in all indoor places**. If you are of age, you are **allowed to smoke outdoors**, yet keep in mind that there are **still some restrictions**, such as near official buildings and public transport stops.



PACKING LIST

- ID Card (for those living in the Schengen Area) or a valid passport
- Travel insurance and/or visa if needed
- **Money to pay for Officials' Dinner (250 CZK) and a session merch, if ordered**
- **Code of Conduct**
- **Your travel tickets**
- Clothes and shoes appropriate for events (comfy, smart casual, formal and party)
- A coat or a jacket (some parts of the Teambuilding might be done outdoors)
- A reusable mug or 50 CZK as a deposit for a cup
- Reusable plate/snack box
- Reusable cutlery (for the Eurovillage and Coffee breaks if needed)
- Toiletries and a towel
- Laptop/Notebook
- Chargers for all your electronic devices
- **Something that reminds you of home <3**

OTHER PRACTICAL INFO

Currency

In the Czech Republic, we are using our **own currency** – the Czech Crown (**Česká Koruna** or **Kč**). The exchange rate is approximately 24,3 CZK = 1 EUR. Please, note that you **will pay for the merch only by cash at the check-in if you order any**. Delegates from the Czech Republic will also pay **900 CZK**, and international Delegates will pay **50 EUR** as a **participation fee** (try asking your school whether it will pay it for you).

Coca-Cola (500 ml): 29.90 CZK = 1.2 EUR

Red Bull (250 ml): 39.90 CZK = 1.6 EUR

Meal in a restaurant: 200 CZK = 8 EUR

Water bottle (750 ml): 14.90 CZK = 0.6 EUR

Calling

Thanks to EU regulations, if you have a SIM registered anywhere within the EU, calling should cost the same as if you were in your home country. Otherwise, we recommend calling via WhatsApp.



YOUR ORGANISING TEAM

Head Organiser

Karel Hynek
If you can hear me...



Head Organiser

Adam Kindl
...clap once!



Delegates' Support

David Tran
Where is my Redbull, guys!



Officials' Support

Karolína Šlesingerová
*Could you repeat that
in English, please?*



Teachers' Support

Sophie Victoria Elbs
*Now comes the part why
everyone thinks EYP is a cult.
*Alele**



Travel Support

Isabella Fernández
*Il mio sogno d'amor non sei
più tu I tuoi baci non cerco,
a te non penso Sogno un
altro ideal.*



Catering Support

Jana Eisenhammerová
Close the gaps!



Venues Support

Jan Pašek
*What is the official language
of EYP?*



Programme Support

Saša Blažek
My beloved Europe!



IT & Stash Support

Maja Lipková
Nap time is my happy hour.





CONTACTS

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PARTNERS



**UNIVERSITY
OF NEW YORK
IN PRAGUE**



MINISTRY OF EDUCATION,
YOUTH AND SPORTS



Ministry of Foreign Affairs
of the Czech Republic



In cooperation with:



Evropský parlament
Kancelář v České republice

Under auspices of:



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